

License

Licensed Clinical Psychologist in Virginia; License # 0810005315

Licensed Clinical Psychologist in Washington DC; License # PSY1001135

Nationally Registered Health Psychologist

NPI # 1720459746

Education

American School of Professional Psychology, In-Seat school in Arlington, Virginia

APA accredited ***Doctorate degree in Clinical Psychology*** (PSYD), 2000-2007

This was in in-seat school **accredited by the American Psychological Association (APA)**

Thesis: The effect of language on psychological assessment.

**This is a branch of Argosy University that has the Commission on Accreditation (CoA).

University of Baltimore, Baltimore, Maryland

Master degree in Applied Psychology (MA), 1996-1998

University of Central Missouri, Warrensburg, Missouri

Bachelor degree in Biology w/ a Minor degree in Chemistry, 1989-1993

Employment

EBC, LLC/Independent Contractor:

Clinical Psychologist

2006-present; Multiple agencies, multiple locations. ICOS, YCAPP, Adventist Health, Phoenix Health, CMHS, etc.

- Clinical supervision of 5-10 staff
- Therapy and Psychological Assessments
- Program Designing

Federal Occupational Health/Magellan Health

Sr. Field Consultant

2015-2017; Fort Belvoir, Virginia

- Field Consultant with a focus on early intervention training and prevention, counseling/coaching, and health advocacy.
- Management and supervisory consultation.
- Ongoing on-site training staff development and resiliency
- Collaboration with the Resiliency and Human Capital teams in research and orientation.

Kenbridge Youth Academy (Meridian Behavioral Health)

Clinical Director, Program Developer

2013- 2015; Kenbridge, Virginia

- Designing Resiliency, PTSD and TBI treatments which are evidence-based and trauma informed practices.
- Quality enhancement practice and training for performing therapy and evaluations/assessments.
- Performing and training other staff on psychological assessment and testing.
- Focusing on TMQ (total management quality) and working with a team of psychiatrist, recreational therapist, physicians, nutritionist to bring an integrated approach to treat met.
- Creating an evidence-based organization (EBO) by achieving measurable outcomes through effective decision making.

Washington Assessment and Therapy Services, WATS

2004- 2006, Silver Spring, MD

APPIC Accredited: Association of Psychology Postdoctoral and Internship Centers

- Testing and assessment with TBI patients, Fitness for Duty, Pre-Deployment as well as other psychological assessments and testing.
- Therapy and counseling with patients experiencing trauma and other major and dual disorders in a diverse setting.
- Program Manager

Center for Multicultural Human Services, CMHS

2004-2009, Falls Church, VA

- Practicum training, I and II 2004 and 2005
- Hired as a counselor in a multi-disciplinary setting with a team of healthcare professionals on site. The focus of work was on psychological assessments and therapy with a wide range of patients with PTSD, TBI, and chronic pain like nociceptive pain including headaches, nerve damage, arthritis, fibromyalgia, somatic pain, visceral pain, neuropathic pain, idiopathic pain. Therapeutic methods used were methods like TENS, Distraction, Relaxation, Counseling. In addition, fit for duty testing and assessment/interviews.

Other Experiences

- Professor of psychology at Strayer, ECPI, Heritage foundation
- Founder of the nonprofit organization Self Knowledge Base & Foundation. [CLICK HERE](#)

Books

- Researching, authoring and publication of 7 books in the field of mental health, leadership, self-growth, brain, EQ, resiliency, positive psychology and mindfulness.